

BRING THIS INNOVATIVE AND VALUABLE SEMINAR TO YOUR STAFF AND COLLEAGUES!

The Wellness and Communication Project *Presented in collaboration with Longtree & Associates*

Journey to Better Health through Self-Care and Self-Expression: What Happens When Fear is in the Driver's Seat

Enhance your team's insights about working with the elderly in the long-term care environment.

Provide valuable education to area healthcare providers and administrators. And position your organization as a leader in the long-term care field by hosting this program.

In this fun and interactive workshop, your staff and others will learn:

- How to master stress and the communication challenges in your healthcare environment and beyond – say what you need to say and get your needs met
- How self-care is the root of all health care
- How effective communication with your healthcare provider is directly linked to better health outcomes
- Evidence-based mind-body techniques and communication strategies, to take a conscientious, proactive role in your health care

CE-approved for New York social workers, case managers, nursing home and assisted living administrators.

Longtree & Associates is pleased to collaborate with the Wellness and Communication Project to bring this results-oriented workshop to your team or facility.

Contact Joyce for fees and details: 732- 757-9955 or joycelongtree@gmail.com

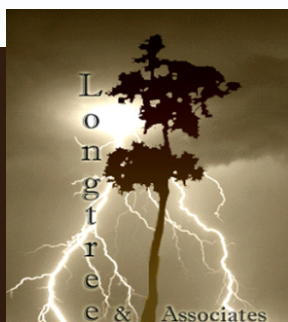
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